PMHS ELIGIBILITY MADE EASY

find your pathway checklist



Have a passion for helping kids achieve optimal developmental, behavioral, and mental health?

Chances are you're already doing activities that contribute to your eligibility for PNCB's Pediatric **Primary Care Mental Health Specialist certification.**

Walk through your options below to answer the question, "Is this me?" Then take your next steps to earn your PMHS credential!



EDUCATION

Graduation from an accredited college or university that offers a ACEN or CCNE accredited nursing master's or doctoral degree, or a post-master's certificate from an accredited college or university, with one of the following concentrations:

Primary Care PNP

FNP

Child/Adolescent Psychiatric CNS

Psychiatric-Mental Health NP

Child/Adolescent Mental Health CNS



LICENSURE & CERTIFICATION

Current, active, unencumbered APRN license issued by a US state, US territory, or Canada, and current certification as an Advanced Practice Registered Nurse (APRN) in the role and population foci of one of these certifications:

- **Primary Care PNP (CPNP-PC or PPCNP-BC)** FNP (FNP-BC or FNP-C)
- Child/Adolescent Psychiatric & Mental Health CNS (PMHCNS-BC)
- Psychiatric-Mental Health NP [formerly Family Psychiatric Mental Health **Nurse Practitioner (PMHNP-BC)**

Met the foundational requirements above? Find your fit in ONE of these three pathways.



holding an APRN license:

PATHWA

holding an APRN license:

COMPLETE

ALTERNATIVE

ACTIVITIES

In the past 5 years while



holding an APRN license:



accredited CE/CME <u>OR</u> 1 graduate course of at

least 2 credits related to pediatric developmental, behavioral, and mental health.

Complete 10 points of accepted, alternative activities which can come

from teaching, precepting, scholarly projects, CE/CME and/or academic credit. All must be related to pediatric developmental, behavioral, and mental health (DBMH). Activity details are below.



Complete ONE of these approved programs: Duke PBMH, KySS, <u>Almost Home Kids</u>, or **The REACH Institute PPP** Program.

COMPLETE

CLINICAL

PRACTICE HOURS

Complete a minimum of 1,000 hours of pediatric

behavioral and mental health

(DBMH) clinical practice.



COMPLETE

(DBMH) clinical practice.

behavioral and mental health



MODULE

Before applying for the

exam, complete our free **Ethics in Testing CE activity.**

COMPLETE **CLINICAL**

1,000 hours of pediatric behavioral and mental health (DBMH) clinical practice.

COMPLETE **PNCB ETHICS**



PNCB ETHICS MODULE Before applying for the exam, complete our free

COMPLETE

Ethics in Testing CE activity.

MODULE Before applying for the exam, complete our free **Ethics in Testing CE activity.**

Q: Do I need to practice direct mental health care full time?

expectation that you solely see DBMH conditions. <u>Use our tracker to help you count clinical hours.</u>

A: No. You might see a mix of patient concerns any given day in primary care. There is no

It includes tips like counting health promotion time during well checks, and a reminder to count

case-finding, diagnosis, and management of DBMH concerns. Q: How do I count my clinical hours? A: Practice varies for each provider, but think about how many hours related to pediatric DBMH you see per day. One example may be 2 hours per day on average. If you work 5 days per week,

then you're earning 10 hours weekly toward your eligibility goal. In a year, that could reach 480 hours, allowing for time away from work. In 5 years, you'll have completed more than 2,000 hours.

Providers may reach their hours requirement sooner, depending on what they see in practice.

great starting point for topic ideas.

points.

See more tips for counting clinical hours.

choose. The exam content outline found here is not only essential for your study plan, but it's also a

Q: What will PNCB accept for CE or CME hours? A: Feel confident using your best judgement based on the title and content of the activities you

• If you're a CPNP-PC, don't forget to count relevant hours you complete in your required

• PNCB CE offers many hours of DBMH CE, but many respected sources of accredited hours

- Pediatric Updates for Recert. We always offer a PMHS-related Pediatric Updates module worth 7.5 contact hours that you can use toward exam eligibility.
- Q: For the Faculty Pathway, how do I calculate the 10 needed points of accepted activity? A: Mix and match from these options to earn your 10 points. See visual examples.

• Primary faculty for a graduate-level pediatric DBMH course that fully relates to pediatric

- developmental, behavioral, and mental health of at least 2 credits. Courses such as the "3Ps" do not meet this requirement. Precepting an APRN in content related to pediatric DBMH practice.
- 50-99 hours counts for 5 points. • 100+ hours count for 10 points. • Continuing Education that includes pediatric DBMH content may count for a maximum of 7.5
- 15 hours of CE counts for 2.5 points. Scholarly Projects related to pediatric DBMH only, including research, authorship,

presentations and others may count for a maximum of 10 points. Each project counts for 5

 Graduate level academic credit, which is related to pediatric DBMH, may count for a maximum of 5 points. One course which awards at least 2 credits can count for 2.5 points.

We wish you success in testing!



Find more FAQs on our website. See the steps to apply.