Behavioral or Mental Health Concerns?
I can help.

I am a board certified nursing specialist.

I am a PMHS.
As a Pediatric Primary Care Mental Health Specialist (PMHS), I have earned specialty board certification above and beyond graduate level education and basic advanced practice nursing credentialing. My knowledge, skills, and expertise have been validated by a national standard.

What does this mean for families at this practice?
My goal is to provide specialized care in this familiar setting for children, adolescents and families with behavioral and mental health concerns.

I am experienced in early identification and intervention for behavioral and mental health concerns typically seen in primary care.

I am a provider who assesses, diagnoses, and manages mental health and behavioral concerns. When needed, I also help patients and their families manage these concerns until specialized care is available.

I also play a role in collaboration and coordination of care with other professionals in medical and educational settings.

Questions?
Please ask me about how I promote optimal health for your child or adolescent. I am here to help.

Respected Resources:
National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
24-hour, toll-free, confidential suicide prevention hotline available to anyone in suicidal crisis or emotional distress

The Partnership at Drugfree.org:
Prevention, intervention, and treatment information

Mental Health America:
Promoting mental wellness and connecting families with information: mentalhealthamerica.org

National Alliance on Mental Illness (NAMI):
Promoting awareness, education, and advocacy: www.nami.org

National Institute of Mental Health (NIMH):
Government agency dedicated to understanding and treatment of mental illness through research: nimh.nih.gov