


 PNCB Primary Care Pediatric Nurse Practitioner Detailed Content Outline	Items
1. Health Promotion/Prevention/Anticipatory Guidance	34
A. Discuss with prospective parent(s) issues of family preparation for newborn and future health issues	
B. Counsel about common infant care concerns, early and middle childhood concerns, adolescent and young adult concerns	
C. Counsel on adoption and foster care issues	
D. Promote positive parenting techniques and behavioral management	
E. Teach caregivers to recognize early warning signs of illness or emergencies in infants	
F. Counsel about child care services	
G. Counsel about issues related to family stressors	
H. Counsel about oral health and dental hygiene	
I. Provide instruction about breast feeding	
J. Teach breast and testicular self-examination	
K. Educate or consult in the community regarding health care policies and programs	
<i>Counsel about developmentally and age appropriate safety and injury prevention:</i>	
L. Poisoning	
M. Sports safety	
N. Environmental and home safety (e.g., toys, smoking, sun exposure, water temperature)	
O. Personal safety (e.g., date rape, strangers)	
P. Age-appropriate supervision	
Q. Vehicle safety	
R. Animal and insect safety	
S. Social situations (e.g., bullying, gangs, safe sex, Internet use)	

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2. Assessment	53
A. History and Physical Examination	14
1. Assess for genetic variations	
2. Assess for the use of complementary and alternative therapies	
3. Elicit a complete age appropriate health history for new patients and interval history for established patients.	
4. Evaluate family status and stressors (e.g., social history, divorce, poverty, violence)	
5. Evaluate nutritional status	
6. Evaluate school performance and behavior	
7. Perform a complete physical examination	
B. Diagnostic Testing and Screening	11
1. Select and interpret diagnostic laboratory tests	
2. Select and interpret screening tests	
3. Select and interpret the results of diagnostic imaging tests	
C. Growth and Development	12
1. Evaluate developmental milestones	
2. Perform behavioral and developmental surveillance and screening	
3. Evaluate growth parameters	
D. Diagnosis	16
1. Develop differential diagnoses	
2. Establish a diagnosis based on evaluation of patient data	
3. Management	53
A. Therapeutic Interventions	29
1. Prescribe pharmacologic agents (prescriptive and over-the-counter)	
2. Recommend immunizations according to guidelines	
3. Integrate guidelines and individual findings into the care plan	
B. Procedures	3
1. Perform procedures that facilitate management (e.g., incision, drainage, pelvic exam)	
2. Participate in emergency preparedness	

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C. Counseling and Education	8
1. Educate patient and caregiver regarding non-pharmacologic care	
2. Counsel about illness and emergency care	
3. Counsel pregnant adolescents	
4. Counsel regarding substance use/abuse issues	
5. Counsel for mental health issues	
D. Referral	3
1. Contact child protective services to report suspected maltreatment or neglect	
2. Refer child and/or caregiver to community resources	
3. Refer child and/or caregiver to medical or other health care specialists	
4. Refer for genetic testing/counseling	
5. Refer for substance abuse treatment	
E. Collaboration and Case Management	5
1. Manage care for children with special needs	
2. Collaborate with other professionals to meet patient care needs	
3. Serve as a clinical referral resource for other health care personnel	
4. Facilitate the process to ensure families can obtain eligible services	
F. Evaluation and Follow-Up	5
1. Identify situations that may require follow up or modification in the care plan	
2. Provide telephone management and triage of health issues	
4. Professional Issues	10
A. Apply a benchmarking process to improve clinical practice	
B. Apply an understanding of billing and coding to ensure payment for services	
C. Participate in or lead quality improvement programs, and legislative efforts related to clinical practice	
D. Evaluate practice for consistency with professional standards	
E. Evaluate procedures to ensure documentation of care	
F. Monitor the development of patient care technology and evaluate applicability to practice	
G. Incorporate cultural sensitivity into all aspects of practice	
H. Maintain ethical practices	
I. Comply with state and federal regulations	
J. Prepare and maintain materials for credentialing and privileging	
K. Promote palliative care principles to ensure patient dignity	

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L. Recognize the implication of sentinel events to practice (e.g., adverse outcome, medication errors, systems problems)		
M. Critically evaluate and apply research findings to clinical practice		
N. Participate in basic or applied clinical research		
O. Develop patient education materials		
P. Participate in patient care reviews to assure that professional standards and clinical guidelines are maintained		
Q. Participate in professional organizations and activities		
R. Participate in resolving conflicts		
S. Precept or mentor students or others		
T. Conduct education for health care personnel		
Total Items		150

The 106 items in Content Area 2 and Content Area 3 will deal with the following clinical problems:

Clinical Problem	Items
Respiratory	15
EENT	13
Gastrointestinal	11
Behavioral/Psychological Problems	10
Dermatology	9
Musculoskeletal	8
Allergy	6
Genitourinary	6
Nutrition	6
Neurology	5
Cardiovascular	4
Hematology	4
Endocrinology	3
Oncology	3
Immunology/Rheumatology	2
Environmental Health	1
Total	106