



PNCB CPN® Detailed Content Outline

Total # ITEMS

1. Assessment	43
A. Physical	30
<ol style="list-style-type: none"> 1. Assess child and family using developmental and cognitive screening procedures and tools 2. Determine child's needs pertaining to growth and development 3. Assess growth parameters (e.g., growth chart, height, weight, BMI) 4. Perform physical assessment 5. Assess and report signs of abuse and neglect 6. Assess functional status (e.g., self care, ambulation, feeding, toileting) 7. Assess nutritional status of the child 8. Assess pain 9. Analyze situations to anticipate potential developmental problems 10. Analyze potential pathophysiological problems and detect changes in child's status 11. Assess patient safety, including fall risk, across the continuum of care 	
B. Psychosocial/Family	13
<ol style="list-style-type: none"> 1. Assess physical, psychological and social influences that lead to risk-taking behaviors (e.g., violence, addictive behaviors, sexual activity) 2. Assess child and family's understanding of the health/disease process 3. Assess child and family reaction to stressful events (e.g., separation, loss of control, bodily injury, family crisis, hospitalization, complicated therapies) 4. Assess family dynamics (e.g., family integrity, family role functions, parent-child attachment, and coping) 5. Determine patient and family needs pertaining to discharge planning 6. Identify cultural and spiritual factors that influence child and family health care practices 7. Assess barriers that impact care (e.g., physical access, language, readiness to learn, finances) 	
2. Health Promotion	15
<ol style="list-style-type: none"> A. Discuss environmental factors that influence the health of the patient and family (e.g., lead, smoke, allergens, infestation) B. Formulate and implement individualized teaching plan for health promotion C. Plan and implement appropriate counseling/education to facilitate positive life choices 	

<p>D. Provide anticipatory guidance for the child and family (e.g., regarding speech/language development, peers, school, socialization, television, play, parenting techniques, injury prevention and treatment)</p> <p>E. Facilitate the incorporation of self-care strategies to promote health</p> <p>F. Identify and teach child and family about community resources</p> <p>G. Teach health promotion strategies to the child and family (e.g., dental, nutrition, safety, disease processes, immunization, infection control)</p>	
<p>3. Management</p>	<p>77</p>
<p>A. Illness</p>	<p>50</p>
<ol style="list-style-type: none"> 1. Interpret assessment findings 2. Select and use equipment and supplies appropriate for the patient 3. Develop and implement the plan of care in collaboration with the patient and family 4. Facilitate the transition of child and family through the care continuum 5. Facilitate feeding practices to support optimal development of the child (e.g., oral-motor deficits, reflux, congenital defects, breastfeeding) 6. Monitor for patient responses and adverse reactions (e.g., medications, diet, blood transfusions, diagnostic and therapeutic procedures) 7. Develop and implement the interdisciplinary discharge/transfer plan 8. Manage patient's pain 9. Modify plan of care to accommodate a child's sensory and motor deficits 10. Identify and intervene when a patient needs immediate health care intervention 11. Evaluate the plan of care to identify the need for potential changes 12. Modify plan of care based upon evaluation of patient response 13. Provide interventions to prevent transmission of communicable disease 14. Manage the following nursing procedures and interventions <ol style="list-style-type: none"> a. nutrition support b. specimen collection c. skin care d. medication administration e. thermoregulation (including hypothermia and hyperthermia, but NOT incubator or radiant warming) f. procedural sedation (preparation and post-procedure monitoring, but NOT administration of sedating drugs) g. suctioning h. line and tube maintenance (e.g., vascular, drainage, feeding, oxygen) i. blood product administration 	

<ul style="list-style-type: none"> j. fluid and electrolytes administration k. physiological monitoring (e.g., ECG, pulse oximetry) l. position for procedures 	
B. Psychosocial/Behavioral	15
<ul style="list-style-type: none"> 1. Encourage developmentally-appropriate play or diversion 2. Implement communication strategies appropriate to child's development (e.g., writing and drawing, playing) 3. Assess adherence with therapeutic regimen (e.g., medication) 4. Modify plan of care based upon the patient/family responses 5. Provide developmentally appropriate preparation and support for procedures 	
C. Chronic Care/End of Life	12
<ul style="list-style-type: none"> 1. Provide supportive care for child and family during grief and loss 2. Modify plan of care for a patient with special needs (e.g., developmentally delayed, technology dependent, emotional, behavioral, or physical issues) 3. Identify child and family responses to living with a chronic condition 4. Provide supportive care for child and family during end of life 5. Provide palliative care for child and family 6. Provide a safe environment of care 	
4. Professional Role	15
<ul style="list-style-type: none"> A. Incorporate evidence-based findings into practice B. Maintain privacy and confidentiality in the nurse/child relationship within legal constraints C. Document provision of care D. Identify potential ethical dilemmas E. Use ethical principles to support family decision making F. Communicate significant findings to appropriate health care professionals G. Act as an advocate for the child and family as a part of the interdisciplinary team H. Coordinate, delegate, or assist with patient care I. Integrate consultation and collaboration recommendations into the plan of care J. Participate in disaster preparedness K. Recognize legal applications in clinical situations (e.g. assent, consent, malpractice) 	
Total number of Scored Items	150

Items that address a specific condition (or other category) will be represented in approximately the following proportions:

Condition/Category	% of items
Respiratory	25
Gastrointestinal	20
Neurologic	13
Infectious Disease	10
Emergencies/Trauma	5
Cardiovascular	3
Endocrine/Metabolic	3
Hematologic	3
Musculoskeletal	3
Oncology	3
Child Protective Health	2
Genitourinary/Renal	2
Special Developmental Needs	2
Well Child Care	2
Dermatology/Burns	1
Immunology	1
Mental health	1
Sensory Alterations	1

Threads (i.e., concepts that may permeate the examination):

Growth and development
Cultural competence
Continuity of care
Communication skills
Use of technology
Interdisciplinary Collaboration
Barriers to provision of care
Safety